

This booklet lists Bates Method teachers that were trained in person, directly by Dr. Bates from 1918 to 1931. It's created for people that want to search for these teachers' books, movies... and possible books, creations by their ancestors. Top of the list belongs to;

Doctor William H. Bates and his New York City Clinic Assistant, wife Emily C. Lierman (Emily A. Bates)

There are many more teachers in the U.S. and overseas and I apologize that I have not been able to list them all. Spanish, German, Italian, African, Chinese teachers... I have listed the teachers that I have taken in person & home study classes from and/or studied their books. Links to other teachers are in this book. All teachers books not listed here are in chapter 2 of the main Paperback book or PDF.

I have not listed teachers that are greedy, charge an extremely high price for Student and Teacher Training, hide Dr. Bates work, magazines and refuse to give out free vision improvement help to the public. (Avoid Teachers that sell, advise referrals to eye doctors selling unhealthy, dangerous Plus Lens Eyeglass Therapy, any type of Contact Lenses, Laser Cornea Eye Surgery Treatments.)

There are other teachers, people that have preserved Dr. Bates work but they use Dr. Bates name, books and magazines to sell eyeglasses, eye-cornea surgery and other unnatural treatments, products. I will not list them. Endorsing corrupt behavior gives the person the idea that he, she has license to continue these practices that harm the publics' eyesight.

Dr. Bates personally trained, certified people to be Bates Method teachers. He listed them in his Better Eyesight Magazine Issues. Some have written excellent books;

Announcements

We are publishing the following names to aid those who cannot consult Dr. Bates personally, but who wish to follow his method correctly. These pupils have taken his course of treatment and are qualified to help others. They are constantly in touch with Dr. Bates' work and learn immediately of his latest discoveries.

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| <p>CALIFORNIA
Dr. E. Sisson, 1611 Castro Street, Oakland</p> <p>COLORADO
Dr. H. F. Fisher, Barth Bldg., Denver
Dr. M. W. MacManus, 434 Empire Bldg., Denver</p> <p>FLORIDA
Dr. N. S. Berry, 1902 Morgan Bldg., Tampa.
Dr. E. M. Jones, 476 First Avenue, N. St. Petersburg</p> <p>GEORGIA
Mrs. R. S. Bottenfield, D. O., 102 East 9th Street, Atlanta.</p> <p>ILLINOIS
Dr. E. T. Fisher, 29 East Madison Street, Chicago
Miss Elisabeth D. Hansen, 308 N. Prospect Avenue, Park Ridge</p> <p>MASSACHUSETTS
Mrs. F. S. Low, Danvers</p> <p>MINNESOTA
Miss R. Mitchell, 508 First Avenue, St. Cloud
Mrs. W. W. Morse, 1635 West 26th Street, Minneapolis</p> <p>MISSOURI
Dr. H. J. Geis, Kirksville</p> <p>NEW JERSEY
Dr. M. E. Gore, 51 Main Street, Orange</p> | <p>Dr. G. W. Reade, 517 Main Street, East Orange
Miss Mildred Shepard, 50 Main Street, East Orange
Dr. J. M. Watters, 2 Lombardy Street, Newark
Mrs. A. L. Reed, East Orange (away for summer)
J. L. MacKinnon, D.C., 260 Fair Street, Kingston</p> <p>NEW YORK CITY
Dr. C. E. Achorn, 6 West 51st Street
Miss May Secor, 521 West 122nd Street
Dr. R. Arnau, 238 West 106th Street
Dr. L. Stanton, 49 West 57th Street
Miss Anna Woessner, 220 West 42nd Street, Room 1205, Tuesday and Thursday, 5 to 7.</p> <p>BROOKLYN
Miss K. Hurty, 177 Woodruff Avenue</p> <p>OREGON
Dr. Clara Ingham, 306 Alisky Bldg., Portland</p> <p>PENNSYLVANIA
Dr. X. G. Couch, 304 Empire Bldg., Philadelphia</p> <p>VERMONT
Mrs. L. J. Hathaway, Middlebury</p> |
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Announcements

Space does not permit us to print the entire list of Dr. Bates' authorized representatives in the United States, Canada and Europe, which we should like to do for the benefit of our subscribers. The following, however, is a list of those who have taken courses of instruction in the Bates Method within the past few months. Those subscribers who wish to know if there is an authorized representative in their city may obtain this information by writing direct to Dr. Bates at 210 Madison Avenue, New York City.

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| <p>Miss Clara M. Brewster, Studio 6, Aquila Court, Omaha, Nebraska.</p> <p>Miss Mary E. Wilson, 2538 Channing Way, Berkeley, Calif.</p> <p>Dr. Paul J. Dodge, 911 New Industrial Trust Bldg., Providence, R. I.</p> <p>Mrs. D. L. Corbett, 1712½ Fifth Ave., Los Angeles, Calif.</p> <p>Miss Jane Button, 249 Harvey St., Germantown, Pa.</p> | <p>Mr. Fred Baechtold, 572 12th St., West New York, N. J. Tel.—Palisade 6-7735</p> <p>Mr. Harold E. Ensley, 112 West 104th St., New York City.</p> <p>Dr. Med. E. Schluter, Hamburg, Mundsburgerdamm 11, Germany.</p> <p>Mrs. R. Norman Jolliffe, 171 West 71st St., New York City.</p> |
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In 1918 William H. Bates M.D. and Bernarr A. Macfadden wrote;
Strengthening The Eyes - A New Course in Scientific Eye Training in 28 Lessons

Bernarr was trained by Dr. Bates

More Teachers Trained Directly By Dr. Bates & Listed in His Better Eyesight Magazine as Qualified To Teach;

April 1924;

Announcement

Miss Mildred Shepard, 50 Main St., Orange, N. J., is now a certified teacher of better eyesight. She is well qualified to cure imperfect sight by treatment without glasses. The Editor of Better Eyesight takes great pleasure in recommending her to any who may need her services.

Nov 1924;

El Uso Natural de La Vision

(The Natural Use of Vision)

By R. RUIZ ARNAU, M.D.

THIS book should appeal to Spanish-speaking people, because it contains numerous demonstrations of the truth which make it possible to cure imperfect sight by treatment without glasses. In the magazine, "Better Eyesight," of May, 1920, is an article by Dr. Arnau with the title "My Headaches" in which he describes at length how he was cured of chronic headaches and imperfect sight by treatment without glasses. As a result of his cure he has become able to give relief to his patients. **The author's most important contribution is his claim that the true use of the ciliary muscle is not to increase the curvature of the lens when the eye is focused for reading at the near point, but just the opposite: The ciliary muscle prevents any change of form in the curvature of the crystalline lens.**

He has written a great deal about mind strain as the real and only cause of defective eye-sight. He discusses the unconscious movements of the vegetative functions of the body, circulation, respiration and the constant mental shifting as entirely in accord with the new ideas of Einstein, Korzbyski and others.

The Tachorthoscope was discovered by Dr. Arnau. It is an apparatus for the treatment of patients who are not benefited promptly by other methods. He has also investigated the use of music by which some patients find an easy way to obtain a short swing through the auditory memory.

Dr. Ruiz Arnau of Madrid, who is now there introducing Dr. Bates' method into schools, and to those medical doctors who desire to learn a better way of obtaining perfect vision, than the use of eyeglasses. Dr. Arnau became interested in the Bates Method some years ago when he himself was suffering with continual headaches and other discomforts caused by mind and eyestrain. He came from San Juan, Porto Rico, leaving a good practice to seek the only Doctor who could help him. Dr. Arnau has shown his appreciation for what Dr. Bates has done for him by writing a book entitled, "El Uso Natural de la Vision," which he dedicated to Dr. Bates.

Jan 1925;

Announcement

We are pleased to announce that Capt. C. S. Price,, of London, England, will visit Dr. Bates around the latter part of January. He is planning to discuss with Dr. Bates the best methods which are employed for the cure of imperfect sight without glasses. The spread of Dr. Bates' method in England is largely due to Capt. Price's enthusiasm and success in helping others. There are now two clinics, and a Better Eyesight League in England, all reporting favorable results. We are hopeful that Capt. Price will attend the February meeting of the League.

April 1925;

Announcements

THE WORK IN ENGLAND

Capt. C. S. Price, of London, England, has been the guest of Dr. Bates for several weeks. Dr. Bates wishes to announce that he finds Captain Price thoroughly capable of curing imperfect sight by his methods.

July 1925;

Announcements

Correction

Dr. J. L. MacKinnon, a student of Dr. Bates, is using his method successfully in Kingston, New York. The June issue of "Better Eyesight" removed him from Kingston, New Jersey, in error.

Aug 1925;

Announcement

Our readers may be interested to know that of November first, Miss S. I. Paisley, formerly of Washington, D. C., will be in Los Angeles as a representative of Dr. Bates. Other representatives who have just completed Dr. Bates' Course on the "Cure of Imperfect Sight Treatment Without Glasses" are:

DR. J. B. CLAVERIE,
1467 East 53rd Street,
CHICAGO, ILLINOIS,

DR. ST. GEORGE FECHTIG,
97 Madison Avenue,
NEW YORK CITY,
and
PALM HARBOR,
Pinellas County, Florida.

Dec 1926;

Announcement

Miss Katherine Hayes, of the Central Fixation Publishing Company, will be pleased to improve cases of imperfect sight by treatment without glasses at 303 West 122nd Street, New York City, Telephone – Cathedral 3450.

May 1927;

Announcement

Because of the increased demand for the Bates Method in California, Emily C. Lierman, assistant to Dr. W. H. Bates for fourteen years and also manager of the Central Fixation Publishing Company of New York City, has opened an office at 609 South Grand Avenue, Los Angeles, California, where she is treating patients. Mrs. Lierman is also giving courses of instruction to those who desire to cure imperfect sight by the Bates method. At the completion of the course, the student receives a certificate authorizing him or her to improve defective vision by treatment without glasses. Mrs. Lierman is delivering lectures throughout California and is *showing moving pictures which illustrate the Bates Method of curing imperfect sight.*

May 1927;

Announcement

Dr. H.M. Peppard, of 71 Park Avenue, is a representative of Dr. Bates and is qualified to improve or cure imperfect sight by the Bates method. Office hours - 9:30 to 6:00 Telephone Caledonia 4694

Oct 1927;

Announcement

Dr. Bates wishes to announce that Mrs. E. C. Lierman, his assistant for fifteen years, has finished her work in California, and has resumed her work at his office.

Oct 1929;

Announcement

Dr. Bates takes pleasure in announcing that Dr. John A. Rath of 111 North West Ave., Jackson, Mich., has recently completed a course of instruction under him and is fully qualified to practice the Bates Method.

Feb 1930

Announcement

Dr. Bates takes pleasure in announcing that the following have recently completed courses of instruction under him and he highly recommends them to anyone desiring their services:

Miss Clara M. Brewster,
Studio 6, Aquila Court,
Omaha, Nebraska.

Was Clara trained by Dr. William H. Bates or one of his trained teachers? **Miss Clara M. Brewster** is listed as a certified teacher in Dr. Bates Feb., 1930 issue. Was this her maiden name? Or, maybe she was trained by Margaret Corbett. Clara's Book, Relax and See, A Daily Guide To Better Vision, 1955.

Mr. Fred Baechtold,
633 Hudson Ave.,
West New York, New Jersey.

Mr. Baechtold will be pleased to visit those patients who desire to receive treatment at home. Appointments can be arranged by telephoning him at Palisade 7735.

Mar 1930;

Announcements

Dr. Bates wishes to announce that the following have recently completed courses of instruction and are authorized to practice the Bates Method:

Miss Mary E. Wilson,
2538 Charming Way,
Berkeley, Calif.

Miss Wilson is the principal of the Anna Head School for Girls in Berkeley and plans to introduce the method into the school for the prevention and cure of imperfect sight in her pupils.

Mr. Harold E. Ensley,
112 West 104th Street, Tel. Academy 6941, and 45 W. 45th Street, New York City, Tel. Regent 9483. Mr. Ensley was formerly a student at Princeton University.

April 1930;

We desire to inform our subscribers that the "Better Eyesight" magazine will be discontinued after the June, 1930, issue. This will enable *Dr. Bates and Mrs. Bates to devote more time to the writing of new books on treatment alone for which there has been a very great demand during the past year.* Subscriptions for the remaining months, however, are being received. We request that all those who desire to be notified upon the publication of new books kindly send us their names and addresses, which will be kept on file.

May 1930

We take pleasure in announcing that the following have recently completed courses of instruction at Dr. Bates' office and are qualified to practice the Bates Method:

Dr. Paul J. Dodge,
911 New Industrial Trust Building, Providence, R. I.
Dr. med. E. Schluter (prominent eye specialist),
Hamburg, Mundsburgerdamm 11, Germany

I'm sure there are more teachers. Search in the magazines, his books, articles, advertisements.

OCTOBER MEETING

PERHAPS no speaker has brought greater encouragement to those endeavoring to gain better eyesight than Miss Florian Shepard, of Orange, N. J., who spoke to our League on October ninth. The special significance of her cure lies in the fact that it has been one of the unusually slow ones. Miss Shepard told the history of her case and related the gradual steps in her progress. At first nothing seemed to work. Palming, swinging, everything produced strain instead of relaxation. It was only by long perseverance that she was able to arrive at any real success. Again and again Miss Shepard spoke of the marvelous patience and understanding with which Dr. Bates helped her find a way out of all her difficulties. Her testimony proves that Dr. Bates can succeed not only with easy cases but also with hard and unresponsive ones.

Miss Shepard spoke of the trick of timing the swing with the thumb and finger, and Dr. Bates later discussed this point. Attention was called to the fact that the September magazine had an article on the subject.

At Dr. Bates' request Miss Mildred Shepard gave a short account of her cure. The most interesting part of all was perhaps the fact that since her eyes have become normal she is much less tense and consequently less nervous in all phases of her life. She spoke of herself as having become "happy-go-lucky."

LEAGUE BUSINESS

Miss May Secor, of 521 West 122nd Street, has been elected corresponding secretary.

The League has voted to amend the constitution to make the dues \$1 a year instead of \$3. The subscription to the magazine will not be included. Anyone wishing to join the League now will have paid up to January, 1925.

Of Special Interest

Throw Away Your Glasses

DOCTOR BATES' article in the September issue of Hearst's International Magazine awakened more interest in his method of treatment than any previous writings. Hundreds of letters were relayed from Norman Hapgood, Editor, to Dr. Bates and contained congratulations, inquiries and appointments for treatment. A special notice of this article was placed in the New York Times by the editor of Hearst's.

In view of this fact we have had reprints made of the article and will fill orders immediately upon receipt.

The title is **THROW AWAY YOUR GLASSES**, and it explains how this can be accomplished. Everyone interested in curing their own sight will be enlightened on many points by reading this reprint.

Don't wait until the initial supply is exhausted before placing your order. Price 35c.

Are You Nearsighted—Farsighted—Astigmatic? Have You Cataract—Glaucoma?

Then send for the number of the **BETTER EYESIGHT MAGAZINE** which deals with each of these defects individually. Dr. Bates explains the cause of each and how it can be cured by his treatment. These instructions can be followed by the layman.

ALL BACK NUMBERS 30c.

Bound Better Eyesight

July, 1922—June, 1923—Price \$4.25

Bound in leather the same color as the book, and both together make an attractive set. This volume contains many helpful suggestions and instructions for the use of the various swings, shifting and palming. Progressive myopia, astigmatism and other defects are treated and their cause and cure explained. The cure of eye defects in children is described in various parts of the book.